

Sleep Retreat Program

REGISTER ON LINE AT THE NEW WEBSITE: www.sleepsocietywv.org

Thursday, April 12: Evening event TBA

Friday, April 13th

8:00 am Continental breakfast and registration

8:45 am Welcome & announcements

9:00 am Surgical Treatment of OSA Beyond T&A

Speaker: Steven Coutras, MD, FACS

10:00 am Obesity Hypoventilation Syndrome

Speaker: Robert Stansbury, MD

11:00 am Break & Visit the Vendors

11:30 am Pediatric OSA and Oral Appliances

Speaker: Peter Ngan, DMD

12:30 am Lunch & Visit the Vendors

1:30 pm Opiates and PAP Titration...the Good the Bad and the Ugly

Speaker: Michele Kowaleski, RPSGT, RST

2:30 pm Infection Control in the Sleep Center (working title)

Speaker: Kathy Johnson, R.EEG/EP T., RPSGT, FASET

3:30 pm Treating Sleep Apnea, One Breath at a Time

Speaker: Robin Germany, MD

Handouts will be available on the website
one week prior to the meeting.

Saturday, April 14th

8:00 am Continental breakfast and registration

8:45 am Welcome & announcements

9:00 am Shhhhh....Secret Ways to Rule the Night

Speaker: Heather Clawges, MD

10:00 am Cognitive-Behavioral Therapy for Insomnia

Speaker: Amy Fiske, PhD

11:00 am Break & Visit the Vendors

11:30 Periodic Limb Movement and Restless Leg Disorders

Speaker: Adnan Alghadban, MD

12:30 Pediatrics: The Complex Cases

Speaker: Maple Landvoigt, MD

Disclosure

All those in a position to control content of this
program have indicated that they have no
relevant interests to disclose.

**Time TBA: WEST VIRGINIA SLEEP SOCIETY
BUSINESS MEETING: Everyone welcome! Please
attend—we will discuss the 2019 meeting site**