Join your colleagues in sleep medicine for an exceptional educational experience with outstanding speakers and opportunities to network with your peers in a beautiful setting within one of West Virginia’s Finest Resorts.

**16th Annual Sleep Conference**
**At Oglebay Resort**
**April 24 – 25, 2020**

**Target Audience includes:**
physicians, psychologists, technologists, therapists, nurses, dentists and other health care professionals working in the field of sleep medicine or sleep research.

**WVSS Conference Goals & Objectives**
After the conclusion of the program, the attendees should be able to:
- Discuss current best practice based on evidence based medicine and current research in various sleep medicine topics.
- Be able to implement these best practice recommendations in clinical settings.
- Improve patient outcomes based on changes in clinical practice.

Application has been made to The American Association of Sleep Technologists for CECs. These credits have historically been accepted by the WVBORC as continuing education for respiratory therapists.

This activity has been planned in accordance with the accreditation requirements and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the WVU School of Medicine and the West Virginia Sleep Society. The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 10 **AMA PRA Category 1 Credits TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the WVU School of Nursing for 12 contact hours. The WVU School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule #19CSR11-4 under provider number 50-26086.
Reservations are now available by calling: (877) 436-1797

Be sure to mention the West Virginia Sleep Society to get the discounted rate of $124.00 per night. Please register soon to take advantage of this discount price. Block will be released after March 23, 2020. However, the discount will be honored until April 23, 2020 as long there are rooms still available.

465 Lodge Drive Wheeling, WV 26003
Website: oglebay.com
Program for the 2020 Sleep Conference

Friday

7:00 Registration and breakfast.

8:00 Announcements

8:15 Cardio Vascular Disease and Sleep Apnea
Joseph Anderson, CCSH, RPSGT, RST, RPFT, CRT-NPS

9:15 Autism and children with ODD
Jodi Lindsey, MD and Jenna Wallace, PsyD

10:15 Vendor Visit

10:45 Sleep Apnea and Obesity in Children
Cassandra Arevalo Marcano, MD

11:45 Lunch

1:00 “Umm…..What are You Doing?” Parasomnias from the Technologist’s Perspective
Rebecca Muter, RPSGT

2:00 Nominations

2:30 Obesity Hypoventilation Syndrome
Joseph Anderson, CCSH, RPSGT, RST, RPFT, CRT-NPS

3:30 Effects of Disrupted Circadian Rhythms by Light at Night on Brain, Sleep, and Behavior
Randy Nelson PhD

4:30 Dismissed and enjoy the resort

Saturday

7:00 Registration and breakfast

8:00 Announcements

8:15 The A to Zzzs of Oral Appliance Therapies
Jeanne K. Bailey, DDS

9:15 Devices that Go Bump in the Night…and all Other Times
Hawley Montgomery-Downs, PhD

10:15 Member Meeting/Elections/Treasurer report/vendor visit

11:15 CBT-I: Stretching the limits. Trouble shooting with examples of difficult Case Studies
Helena Rempala, PhD

12:15 Advanced Titrations
Robert Stansbury, MD and Brad Weaver, RRT, RPSGT

1:15 Dismissed

1:30 Board meeting

Disclosure
All those in a position to control content of this program have indicated that they have no relevant interests to disclose.
Faculty

Joseph Anderson, CCSH, RPSGT, RST, RPFT, CRT-NPS is a frequent international speaker and educator who is multi-credentialed in Sleep, Clinical Sleep Health Education, Respiratory Therapy, and Pulmonary Function. He continues to author numerous sleep and respiratory publications and texts. He developed the sleep industry’s first digital interactive sleep education program, the industry’s first sleep podcast series, and the industry’s first sleep education app for both Apple and Android.

Jodi Lindsey, MD is a board certified child neurologist and neurodevelopmental disabilities specialist who is the director of the WVU Medicine Children’s Neurodevelopmental Center and practices both clinically and academically through WVU Medicine.


Cassandra Arevalo Marcano, MD is Board Certified in Pulmonary and specializes in pediatrics. She is an assistant professor at WVU.

Rebecca Muter, RPSGT has been a sleep technologist for 14 years and currently works at several sleep labs in West Virginia.

Randy Nelson, PhD is chair and professor of WVU Neuroscience and has published over 30 papers on the effects of exposure to light at night and disrupted circadian rhythms on sleep and health.

Jeanne K. Bailey, DDS is the current President of the American Academy of Craniofacial Pain. She serves on the American Board of Craniofacial Dental Sleep Medicine (ABCDSM). She has been instrumental in creating psychometric credentialing standards in the field of Craniofacial Pain, Temporomandibular Joint Disorders and Sleep Breathing Disorders for the American Dental Association, ABCP and ABCDSM. Dr. Bailey has attained several certification including ABCP Diplomate (DABCP), ABCDSM Diplomate (DABCDSM), American Board of Dental Sleep Medicine Diplomate (DABDSM) and American Academy of Pain Management Diplomate (DAAPM). Dr. Bailey currently works as a clinical practitioner with WV Sleep and TMJ Treatment Center.

Hawley Montgomery-Downs, PhD Having recently completed a 14-year academic professorship as a sleep researcher and educator, Hawley is now a self-employed science editor and consultant.

Helena Rempala, PhD is Board Certified in Clinical Psychology, a Licensed Psychologist, and Assistant Professor (Clinical) at the Ohio State University Department of Psychiatry and Behavioral Health.

Robert Stansbury, MD is Board Certified in Sleep Medicine, Pulmonary and Critical Care. He is an Assistant Professor at WVU and the current medical director of the WVU Medicine Sleep Center.

Brad Weaver, RRT, RPSGT has years of experience in both the sleep and respiratory. He is currently working in both fields at the Veteran's Hospital in Clarksburg, WV.
Register now for the best rate. On-line registration with payment is available on the website at  [www.sleepsocietywv.org](http://www.sleepsocietywv.org)

Your registration fee includes **complimentary** membership in the West Virginia Sleep Society.

To register by mail, check the appropriate category below and complete the registration form on the following page.

Mail to:
West Virginia Sleep Society  
c/o Diana Johnson  
1320 Maplewood Ave.  
Ronceverte, WV 24970

You can also fax the registration form to:  
304-793-2270

Please note physicians, physician assistants, and nurse practitioners have a fee for the registration as well as a fee for CMEs. Please choose registration only if you wish to attend, but not to receive CMEs. Sleep technologist and respiratory therapists need only to choose the registration option as CEUs are included in the registration fee.

**EARLY BIRD (received by 11:59 PM April 22)**
- Friday/Saturday registration: $125.00
- Friday registration only: $75.00
- Saturday registration only: $50.00
- Charge for CME: $125.00
- I will attend the Thursday evening Trivia Night

**STANDARD (on location)**
- Friday/Saturday registration: $175.00
- Friday registration only: $125.00
- Saturday registration only: $100.00
- Charge for CME: $125.00
- I will attend the Thursday evening Trivia Night
NAME (please print):________________________________________________________________________
ADDRESS:________________________________________________________________________________
CITY/STATE/ZIP:____________________________________________________________________________
TELEPHONE DAY:________________________EVENING:____________________________
E-MAIL (please print):________________________________________________________________________
CREDENTIALS: (circle one):  DABSM         MD            DO           PhD  
                               RPSGT/RST         RRT          REEGT             OTHER:____________________

To receive the latest information via e-mail about upcoming programs and services please read and sign the following required statement:
I agree to receive newsletters, notices, advertisements, announcements, brochures, invoices and other information from the West Virginia Sleep Society and it’s representatives via facsimile and/or e-mail. My express permission to e-mail me such notices, invoices and other information will continue and have no date of expiration.
Signature:________________________________________Date:_____________________________________

Additional donation enclosed: $___________________
Please make checks payable to: West Virginia Sleep Society
Mail to: West Virginia Sleep Society
       c/o Diana Johnson
       1320 Maplewood Ave.
       Ronceverte, WV 24970

☐ I would like to join a committee, please contact me.

Specific interest(s):_________________________________________

For additional information contact: Rebecca Muter 304-290-3580 (sleepsocietywv@outlook.com)
Company Name ________________________________________________________________
Contact Person ________________________________________________________________
Phone _________________________________ Fax _________________________________
E-Mail ________________________________________________________________________

Attending Representative ________________________________________________________
Phone _________________________________ Fax _________________________________
E-Mail ________________________________________________________________________

Exhibit Fee $500.00 Includes
Table _____ # of chairs
Skirting _____ Yes _____ No
Electricity _____ Yes _____ No

**Plus** one complementary meeting registration
Name of person receiving registration ____________________________________________

SPONSORSHIP (Check item you wish to sponsor)
Educational Grant Bronze Donor ______ $500.00
Educational Grant Silver Donor ______ $1,500.00
Educational Grant Gold Donor ______ $2,500.00
Meal Sponsorship ______ $2,000.00

Space is limited, please reserve early by contacting:

West Virginia Sleep Society
c/o Diana Johnson
1320 Maplewood Ave.
Ronceverte, WV 24970

Phone: 304 - 290 - 3580
Fax: 304 - 793 - 2270
E-mail: sleepsocietywv@outlook.com

The West Virginia Sleep Society is a 501 C 6 organization
WVSS Tax ID: 20-0469585