

West Virginia Sleep Society 21st Annual Meeting

Glade Springs

MEETING PROGRAM

Friday, April 25

7:00-7:45	Registration and continental breakfast	
7:45-8:00	Welcome and announcements	
8:00-9:00	Anam Sabzwari MD, Robert Young, DO	A Brief Review and Update on Restless Leg Syndrome and REM Behavior Disorder
9:00-10:00	John R. Phillips, MD, FAAP	Pediatric Rhythms during Sleep
10-10:30	Morning networking break/vendors	
10:30-11:30	Leah Hammer, PhD, CTTS	From Buzz to Bed: How Coffee, Cocktails, and Cigarettes Crash your Zzzs
11:30-12:30	William Noah, MD	Using PAP to Treat OSA: Ending 30 Years of giving the Pressure Backwards
12:30-1:30	Lunch and networking break (Board Meeting)	
1:30-2:30	Eric Stephens, R.EEGT, CLTM, RPSGT	EEG Essentials for Sleep Technologists: Unlocking the Brain's Patterns
2:30-3:30	Gregory Cacace, RPSGT	Nuances of Sleep Scoring
3:30-4:00	Afternoon networking break/vendors	
4:00-5:00	Sunil Sharma, M.D., M.B.A.	Sleepless in the Appalachia: Bridging the Rural Sleep Health Divide

Saturday, April 26

7:00-7:45	Registration and continental breakfast	
7:45-8:00	Welcome and announcements	
8:00-9:00	Vishal Deepak, MD	Ways to Improve CPAP Compliance
9:00-10:00	Brian K. Leary, PhD	Interaction of Exercise and Sleep
10:00-10:30	Morning networking break/vendors	
10:30-12:00	Project Sleep: Raising Voices: Miranda G. Chappel-Farley, PhD, Cassandra Stewart, MS, Taylor Jackson	Patient Panel: OSA, narcolepsy, idiopathic hypersomnia
12:00-1:00	Membership meeting/Lunch	
1:00-2:00	Michel A. Cramer Bornemann, MD, ABSM, FAASM, Lead Investigator- Sleep Forensics Associates, Distinguished Visiting Professor Sleep Medicine Fellowship, Hennepin County Medical Center, Minneapolis	Sleep Killers- The Neuroscience Behind Sleep-related Violence
2:00	Adjournment - Please remember to turn in CE/CME/Evaluation forms	